



## Peak View Gluten Free Menu

**Please see Daily specials menu for additional gluten free options**

### Main Meals and Snacks

Soup of the day served with bread roll and butter.....	£4.25
Soup of the day with a sandwich.....	£7.50
Hot bacon sandwich and chips .....	£6.40
Hot sausage sandwich and chips .....	£6.60
Home cooked ham, free range egg and chips.....	£9.00
Sausage, free range egg and chips .....	£8.95
All Day Breakfast ( <i>Tea or a cup of filter coffee included</i> ).....	Small £8.45 Large £9.95
<small>(sausage, bacon, free range eggs, mushrooms, hash brown, grilled tomato, baked beans &amp; toast)</small>	
Vegetarian All Day Breakfast ( <i>Tea or a cup of filter coffee included</i> ) .....	Small £8.45 Large £9.95
<small>(red onion &amp; rosemary soya sausage, quorn nuggets, egg, mushrooms, hash brown, grilled tomato, baked beans &amp; toast)</small>	
Baked beans on toast(v).....	£4.35
Free range egg on toast(v) (fried, poached or scrambled) .....	£4.25
Hot crumpets with butter and jam.....	£1.95
Toast (2 slices) with butter, Jam or marmalade.....	£2.00
Three bean Chilli 'non' carne, with rice/chips/new potatoes and salad or vegetables.....	£8.85
Sweet potato, chickpea & spinach curry, with rice/chips/new potatoes and salad or vegetables (add chicken for £1.50)	£8.95

**Sandwiches (£4.75), Toasties (£5.35), Wraps (£4.85)** all served with a salad garnish, crisps on wholemeal or white bread.

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|---|-----------------------|-------------------------|
| ❖ Poached salmon ( <b>an extra 75p</b> )                | ❖ Stilton and bacon   | ❖ Cheese and tomato (v) |
| ❖ Bacon, tomato, melted cheese                          | ❖ Home cooked ham     | ❖ Tuna (mayonnaise)     |
| ❖ Smoked salmon & cream cheese<br><b>(an extra 75p)</b> | ❖ Home cooked chicken |                         |

**Freshly prepared Jacket Potatoes (£6.25)** with a choice of 2 fillings, additional fillings at 60p each, served with a salad garnish

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|-------------------|---------------------|-------------------|
| ❖ Stilton (v)     | ❖ Bacon             | ❖ Cheese (v)      |
| ❖ Baked beans (v) | ❖ Tuna (mayonnaise) | ❖ Home cooked ham |

**Panini's (£7.70)** all served with a salad garnish and a choice of chips or crisps

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|--------------------------------|---|
| ❖ Bacon and cheddar cheese     | ❖ Brie and cranberry (v)                    |
| ❖ Tuna and cheddar cheese      | ❖ Mozzarella, sundried tomato and pesto (v) |
| ❖ Cheddar cheese and onion (v) |   |

PLEASE NOTE: All our food is freshly prepared to order, this may result in a delay during busy periods, we will endeavour to keep this to a minimum but please be patient



#### ALLERGY ADVICE

All of our food is prepared in a kitchen where nuts and wheat containing gluten and other allergens are prepared. Our menu does not include all ingredients. If you are concerned about the presence of allergens in our food, please ask for assistance before ordering.



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### Salads (Served with a warm bread roll)

❖ Poached salmon .....	£8.25
❖ Home roast ham.....	£7.95
❖ Tuna (mayonnaise optional).....	£7.85
❖ Cheese platter (pickle, cranberry or apple & cider chutney .....	£7.90

### Side Orders

❖ Chips	£2.25	❖ Bread roll or bread and butter	60p
❖ Garlic bread (v)	£2.95	❖ Garlic bread with cheese (v)	£3.50

### Sweets / Desserts

A super selection of naughty handmade cakes and puddings – available to eat in £2.95 - £3.65 or take out. All served as they are or with either fresh cream, ice-cream or custard.

- ❖ Chocolate & Pecan Brownie
- ❖ Lemon drizzle cake
- ❖ Apple Crumble Slice
- ❖ Blackcurrant Crumble Slice
- ❖ See daily specials dessert menu for other Gluten Free Options

Also please ask about gluten free cakes on the display table

- ❖ Selection of Ice Cream - Vanilla, Strawberry or Chocolate with a choice of strawberry, chocolate, toffee or butterscotch sauce ..... £2.50
- Vegan Vanilla Ice Cream available on request**
- ❖ See Specials menu for alternative ice cream selections..... £2.85

**Peak View Cream Tea** ..... £4.70

- ❖ 2 handmade sultana scones, fresh Cornish clotted cream and jam
- ❖ Pot of tea or large cup of filter coffee

**Peak View Speciality Cream Tea** ..... £7.95

- ❖ Choose any cold sandwich off the menu
- ❖ 2 handmade sultana scones, fresh Cornish clotted cream and jam
- ❖ Pot of tea or large cup of filter coffee

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